

2017 Warm-Ups

Left Hand

- Isometrics
- *NEW* trill drill (p 28 of Suzuki Book 3)

Right Hand

- Down-bow plate circles (counter clockwise)
- Pinkie push up
- String circles (5 on each string)

Together

- Octaves
 - 1, 2, 3, 4
- Vibrato (book 2+)
 - MWF: 2-Tone, met =76
 - TTHS: Lightly Row, met=92
- Position Etudes (p 24 of Suzuki Book 3)
 - Book 1-2: only 2 notes
 - Books 3+: as written
- Book 4+
 - MWF: Changing String Etude
 - TTHS: *NEW* Noodle Scale (p 14 of Suzuki Book 5)
- Book 6+: Thumb position exercise
 - Thumb on AD, fingers rest between DG

- Book 1: as instructed at lessons
- Book 2: quarter notes, met=60
- Book 3-4: met =60
 - Quarter notes
 - Triplets, slur 3
- Book 5+: met=60
 - Quarter notes
 - Triplets, slur 3
 - Triplets, slur 12
- Books 4+: Major Arpeggio
- Books 5+: Major and minor arpeggios
- Books 6+: 6ths
- Books 8+: 3rds

Review

- Group class pieces
 - Bach Double
 - Brevi Sonata, 1st mvmt
 - Humoresque
 - Scherzo
 - Long Long Ago (Book 2)
 - Rainbow Tango Twinkle
- Personal Review
 - All pieces in current book
 - ½ pieces in previous book
 - Divide other books
 - Book 3+: one book 1 piece in thumb position
- Other
 - Including pieces for orchestra, ensemble, performing groups, etc

Scales