

Gardner Cello Studio

2018 Warm ups

LEFT HAND

- Isometrics
- Trill drill (use pattern "a")

RIGHT HAND

- Pinkie push up
- Windshield Wiper
- Up bow string circles, **4x each string**
 - Met=80
 - Pull string for 3 counts
 - Circle for 1 count
- Hofer Bow Distribution, **D string**
 - Met=80
 - 4+4, 5+3, 6+2, 7+1
 - **MWF**: start down bow
 - **TTHS**: start up bow

TOGETHER

- Tonalization in C
- Vibrato
 - **MWF**: Two tone on G String. Met=76
 - **TTHS**: Sweet Vibrato on D string
 - Met= 60
 - 1st finger=quarter notes, 2nd finger=8th notes, 3rd finger =triplets, 4th finger= 16th notes
- Mirror shifting on D String
 - **Books 1-3**: 1st pos-4th pos
 - 1st finger, 2nd finger, 3rd finger, 4th finger
 - **Books 4+**: 1st pos-8th pos
 - 1st finger, 2nd finger, 3rd finger, 4th finger
- Books 5+
 - Sitt #81
 - As assigned in lessons
 - Starker shifting

SCALES

- Book 1: as instructed at lessons
- Book 2: quarter notes, met =60
- Book 3: met=60
 - Quarter notes
 - Triplets, slur 3
- Book 4: met=60
 - Quarter notes
 - Triplets, slur 3
 - Major arpeggio
- Book 5+: met=60
 - Book 4 assignment, plus:
 - 12's
 - Major arpeggio
 - Minor arpeggio
- Book 6:
 - Book 5 assignment plus 6ths
- Book 8: met=60
 - Book 6 assignment plus 3rds

REVIEW

- Group class pieces (Spring 2018 listed here):
 - Musette in G Major (everyone)
 - Allegro in D Major (everyone)
 - Rigadoon (everyone)
 - Berceuse (everyone)
 - Little Fandango (books 3+)
 - Chanson Triste (books 4+)
- Personal Review
 - All pieces in current book
 - ½ pieces in previous book
 - Divide other books
 - Book 4+: one book 1 piece in thumb position
- Other
 - Amichevoli pieces, orchestra, chamber, ensemble, etc

Trill Drills

Each group should be clear and even

Musical staff 1: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 1 and 2. The second measure has a trill starting on A2 with fingerings 1 and 3. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Musical staff 2: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 1 and 4. The second measure has a trill starting on A2 with fingerings 2 and 3. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Musical staff 3: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 2 and 4. The second measure has a trill starting on A2 with fingerings 3 and 4. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Musical staff 4: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 4 and 3. The second measure has a trill starting on A2 with fingerings 4 and 2. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Musical staff 5: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 4 and 1. The second measure has a trill starting on A2 with fingerings 3 and 2. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Musical staff 6: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 3 and 1. The second measure has a trill starting on A2 with fingerings 2 and 1. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Musical staff 7: Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 1 and 0. The second measure has a trill starting on A2 with fingerings 0 and 1. The rest of the staff contains four measures of trills with various starting notes and fingerings.

Repeat drill using variants

Musical staff 8a: Variant a) Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 1 and 2. The rest of the staff contains four measures of trills with various starting notes and fingerings. Ends with "etc."

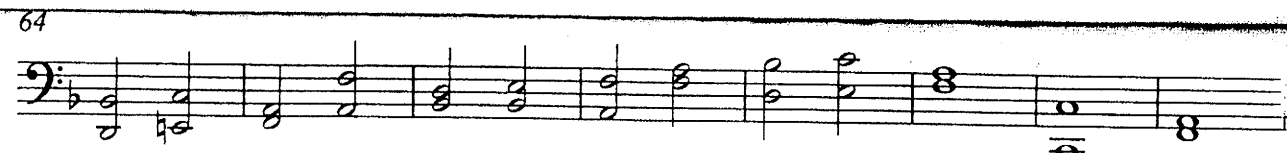
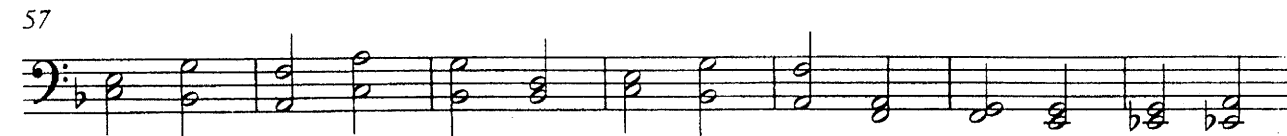
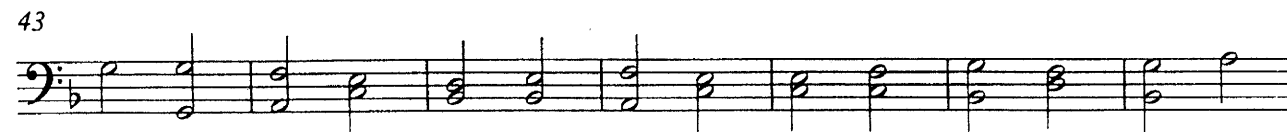
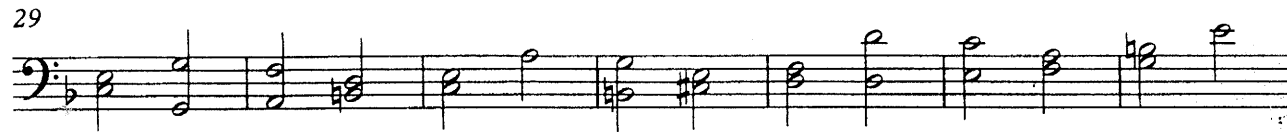
Musical staff 8b: Variant b) Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 1 and 2. The rest of the staff contains four measures of trills with various starting notes and fingerings. Ends with "etc."

Musical staff 8c: Variant c) Trill drill in bass clef, common time. The first measure has a trill starting on G2 with fingerings 1 and 2. The rest of the staff contains four measures of trills with various starting notes and fingerings. Ends with "etc."

Tonalization

A musical staff in bass clef with a common time signature 'C'. The staff contains a sequence of notes with fingerings indicated by numbers 1-4 and 'x' for natural harmonics. The notes are: G2 (4), F2 (1), E2 (4), D2 (2), C2 (2), B1 (4), A1 (2), G1 (x), F1 (x), E1 (2), D1 (4), C1 (2), B0 (1), A0 (4). There are two thick black redaction bars: one above the staff covering the notes from E2 to B1, and one below the staff covering the notes from G1 to C1.

Adagio



CONTROL EXERCISE

For Connections of Positions

All Keys

From the Second Position

6/8 = \downarrow V

D string

The exercise should be played on the D string up to the sign: *

The same exercise should be played in every position, and on all other strings. When the exercise starts on the G or C strings, the ending should go upward.

From the Ninth Position

D string

*
III II III

Note that when the exercise reaches high positions, the third finger is used instead of the fourth.